

Metabolic Bone Disease Order Set

Laboratory

- Alkaline Phosphatase-Bone Specific
- Calcium, Urine (24 hour)
- Calcium, Urine (Spot)
- CBC with automated differential
- CMP
- Collagen X-Linked N-Telopeptide (NTX) Random (2nd urine of the day)
- CRP
- ESR
- Immunofixation Electrophoresis, Serum
- Immunofixation Electrophoresis, Urine
- Intact PTH
- Miscellaneous: - Collagen IC-Telopep (CTX), Serum
- Miscellaneous: - P1NP (Procollagen Type I Intact N-Terminal Propeptide)
- Osteocalcin
- TSH
- Vitamin D (25-Hydroxy)

Hormone Options

- Estradiol
- LH
- FSH
- Testosterone, Total Serum
- Testosterone, Free Serum

Sprue Panel

- Gliadin Antibody
- Reticulin Antibody
- Miscellaneous: Endomysial AB

Radiology

- Scoliosis Series 2 views
- Thoracic Spine 2 Views - CR standing AP/Lateral
- Lumbar Spine 2 Views - CR standing AP/Lateral
- Lumbar Spine 2 Views - CR flexion/extension
- Spine, Thoracic - MRI STIR images
- Spine, Lumbar - MRI STIR images

Medications

- Actonel 35mg po Q week
- Actonel 150mg po Q month
- Alendronate 70mg po Q week
- Benadryl 25mgs PO x1 dose (pre-medication)
- Calcium Citrate with Vit D 2 tabs po BID (do not administer at same time as iron)
- Cholecalciferol 2,000 units po daily
- Ergocalciferol 50,000 units po x1
- Forteo 20mcg SQ daily
- Miacalcin nasal spray. 1 spray per nare daily, alternate nares each day
- Multivitamin 1 tab po daily
- Pamidronate 15mg/250 ml D5W over 2 hrs (premedicate with Tylenol and Benadryl)
- Pamidronate 30mg/250 ml D5W over 2 hrs (premedicate with Tylenol and Benadryl)
- Pamidronate 60mg/250 ml D5W over 2 hrs (premedicate with Tylenol and Benadryl)
- Tylenol 650mg PO x1 dose (premedication)
- Zoledronic Acid 5mg/100ml over 30 minutes (premedicate with Tylenol and Benadryl)

Patient Education

- Smoking Cessation
- Addiction Counseling

Consults

- Consult - Endocrine
- Consult - Food and Nutrition - Please provide education
- Consult - Physiatry
- Consult - Physical Therapy - Evaluate and treat
- Consult - Psychiatry

Rehab/Nursing/P&O

- Fall Precaution

PARTICIPATING MEMBER

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Hospital for Special Surgery
535 E. 70th Street
New York, NY 10021
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Questions/comments about this document can be directed to:
Name: Lisa Shindle, APFN, NP
Title: Nurse Practitioner, Metabolic Bone Disease
Email: lshindle@hss.edu
Phone Number: (212) 606-1172
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