

Osteoporosis Fragility Fracture Inpatient Standing Orders

Obtain the following osteoporosis labs:

- CMP
- 25(OH) Vitamin D
- iPTH
- TSH
- Urine N-telopeptide
- For men only
 - o Testosterone free & total
 - o Estradiol

50,000 units ergocalciferol po X 1

Calcium 500 mg po tid

Vitamin D₃ 600 units po tid

Consult with osteoporosis Nurse Practitioner

Arrange DXA scan after discharge (if not obtained within past 2 years)

[DXA could be placed on discharged instructions or could be arranged through clinic.]

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If you have any questions about this Material, please contact Own the Bone at (847) 318-7336.