

Make an appointment

Call: 715-387-5770 or
1-800-782-8581, ext. 75770

Referral: Ask your primary care provider about a referral to the Bone Health and Osteoporosis Clinic.

For more information, visit marshfieldclinic.org/bone-health

Own the Bone Disclaimer:

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If you have any questions about this Material, please contact Own the Bone at (847) 318-7336.

Bone Health and Osteoporosis Clinic

Helping you build a healthy foundation



Marshfield Clinic®
HEALTH SYSTEM

www.marshfieldclinic.org



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Good bone health is important to all of us, and maintaining healthy bones starts early in life. In fact, building strong bones in childhood helps prevent osteoporosis in adulthood. At least 44 million Americans are affected by osteoporosis or low bone density.

What is the Bone Health and Osteoporosis Clinic?

The Bone Health and Osteoporosis Clinic knows healthy bones are part of the foundation of a healthy lifestyle, and we help you maintain that foundation. We are a team of health care providers who work together to promote bone health and help patients reduce the risk of fractures related to osteoporosis.

Our Bone Health and Osteoporosis Clinic has been recognized with star performer status by the American Orthopedic Association's Own the Bone program. The Own the Bone program uses 10 clinically-proven prevention measures to help address osteoporosis-related fragility fractures.

We serve you by:

- Identifying, screening, testing and evaluating patients who are at-risk for poor bone health
- Educating patients on how to maintain healthy bones
- Providing resources that help patients manage their bone health issues
- Coordinating access to physicians and physical therapists who can provide needed care
- Working with your full care team to help them understand your bone health situation
- Offering care via telehealth, so you can limit the time you spend traveling to receive care

A typical appointment may include:

- Lab tests and a bone density test
- A visit with a doctor to discuss test results and your plan of care
- A visit with a physical therapist specifically focused on osteoporosis rehabilitation
- Starting you on a new medication, if needed

We work with your primary care provider

The Bone Health and Osteoporosis Clinic is part of your health care team, and we coordinate with your primary care provider to make sure you receive the highest level of care. Your bone health evaluation will be shared with your primary care provider. This helps your provider understand your unique needs and individualize your care.

All ages should think about bone health

All ages can benefit from the services of the Bone Health and Osteoporosis Clinic.

From building strong bones in our younger patients to preventing falls and maintaining healthy bones in our adult patients, we guide you through all stages of life.