Fragility Fractures (Hip/Spine/Pelvis), M-1819 (08/15)

Activity
☐ Bedrest
☐ Ambulate with assistance WBAT

Patient Care
☑ PCD's, foot
☐ Foley catheter
☐ Straight cath prn urinary retention and notify provider
☑ Protocol: Pressure Ulcer Prevention and Treatment

Medications
□ Hydromorphone (DILAUDID) 0.5-1 mg IV q2h PRN Severe Pain
  □ Oxycodone 5-10 mg PO q4h PRN Moderate-Severe Pain
  ☑ Oxycodone (ROXICODONE) 5 mg PO q4h PRN Moderate Pain
  ☑ Oxycodone (ROXICODONE) 10 mg PO q4h PRN Severe Pain

□ Acetaminophen (TYLENOL ES) 500 mg PO q4h PRN Fever
□ Acetaminophen (TYLENOL ES) 500 mg PO q4h PRN Mild Pain
□ Acetaminophen (TYLENOL ES) 1000 mg PO TID
  ☑ Acetaminophen (TYLENOL ES) 500 mg PO Tab

□ Ketorolac Tromethamine (TORADOL) 15 mg IV q6h x 8 doses
□ Ketorolac (TORADOL) 15 mg Inj
□ Ketorolac Tromethamine (TORADOL) 15mg IV q6hPRN Mod Pain x8dose

□ Ibuprofen (MOTRIN) 400 mg PO q6h PRN Mild Pain
□ Tramadol (ULTRAM) 50 mg PO q6h PRN Mild Pain

□ Lidocaine 5% Patch(XYLOCAINE) 1 patch Transdermal Daily Fracture
  ☑ Lidocaine (LIDOCHERIN) 5% 1 Patch/ 1 Day Top Patch

□ Ondansetron (ZOFRAN) 4 mg IV q6h PRN Nausea/Vomiting

☑ Calcium Citrate(CITRACAL)1900mg(400mg elemental Ca) PO BID
☑ Cholecalciferol (VITAMIN D) 2000 units PO Daily
  ☑ Calcitonin (Micacalin) 1 spray Alternating Nares Daily
  ☑ Calcitonin Salmon (MIACALCIN) 1 spray Left Nasal q4h
  ☑ Calcitonin Salmon (MIACALCIN) 1 spray Right Nasal q4h

Lab
□ Type and Screen for RBCs
☑ Vitamin D (25 Hydroxy) : Routine Rounds 0500 rounds for 1 Times
□ Phosphorus : Routine Rounds 0500 rounds for 1 Times
□ Protein Electrophoresis Panel : Routine Rounds 0500 rounds for 1 Times
□ Thyroid Stimulating Hormone : Routine Rounds 0500 rounds for 1 Times
□ Parathyroid Hormone Intact : Routine Rounds 0500 rounds for 1 Times

Diagnostic
MRI Thoracic Spine without Contrast
□ MRI Thoracic Spine without Contrast
□ DI Prep* Fax completed MRI Screening form to ext 1925
□ DI Prep* Call MRI ext 4700 if pt unable to hold still for 40 min
MRI Lumbar Spine without Contrast
☐ MRI Lumbar Spine without Contrast

Date: (Required) Time: (Required) Physician Signature: (Required)
☐ DI Prep* Fax completed MRI Screening form to ext 1925
☐ DI Prep* Call MRI ext 4700 if pt unable to hold still for 40 min
☐ CT Pelvis without IV Contrast
☐ Pelvis 1 or 2 Views with Judet views

Service Consults
☐ IR Consult Pre Procedure
☐ Osteoporosis Consult Strong Bones Consult, leave VM at x 6268 with patient name and location
☐ Orthopedic Physician Strong Bones consult for non-hip/non-operative low trauma fractures. Leave VM at x 6350 with pt name and location
☐ PT, Evaluation and Treat
☐ OT, Evaluation and Treat
☐ Care Management, Assessment

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This document has been provided by Northwest Hospital and Medical Center

Date: 09/2018
If you have any questions about this Material, please contact Own the Bone at (847) 318-7396.

Date: ___________________________  Time: ___________________________
(Required)  (Required)

Physician Signature: ___________________________
(Required)

NORTHWEST HOSPITAL & MEDICAL CENTER
Seattle, Washington
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Page 2 of 2