

Fragility Fractures (Hip/Spine/Pelvis), M-1819 (08/15)

Activity

- Bedrest
- Ambulate with assistance WBAT

Patient Care

- PCD's, foot
- Foley catheter
- Straight cath prn urinary retention and notify provider
- Protocol: Pressure Ulcer Prevention and Treatment

Medications

- Hydromorphone (DILAUDID) 0.5-1 mg IV q2h PRN Severe Pain
- Oxycodone 5-10 mg PO q4h PRN Moderate-Severe Pain
 - Oxycodone (ROXICODONE) 5 mg PO q4h PRN Moderate Pain
 - Oxycodone (ROXICODONE) 10 mg PO q4h PRN Severe Pain

- Acetaminophen (TYLENOL ES) 500 mg PO q4h PRN Fever
- Acetaminophen (TYLENOL ES) 500 mg PO q4h PRN Mild Pain
- Acetaminophen (TYLENOL ES) 1000 mg PO TID
 - Acetaminophen (TYLENOL ES) 500 mg PO Tab

- Ketorolac Tromethamine (TORADOL) 15 mg IV q6h x 8 doses
 - Ketorolac (TORADOL) 15 mg Inj
- Ketorolac Tromethamine (TORADOL) 15mg IV q6hPRN Mod Pain x8dose

- Ibuprofen (MOTRIN) 400 mg PO q6h PRN Mild Pain
- Tramadol (ULTRAM) 50 mg PO q6h PRN Mild Pain

- Lidocaine 5% Patch(XYLOCAINE) 1 patch Transdermal Daily Fracture
 - Lidocaine (LIDODERM) 5% 1 Patch/ 1 Day Top Patch

- Ondansetron (ZOFRAN) 4 mg IV q6h PRN Nausea/Vomiting

- Calcium Citrate(CITRACAL)1900mg(400mg elemental Ca) PO BID
- Cholecalciferol (VITAMIN D) 2000 units PO Daily
- Calcitonin (Miacalcin) 1 spray Alternating Nares Daily
 - Calcitonin Salmon (MIACALCIN) 1 spray Left Naris q48h
 - Calcitonin Salmon (MIACALCIN) 1 spray Right Naris q48h

Lab

- Type and Screen for RBCs
- Vitamin D (25 Hydroxy) : Routine Rounds 0500 rounds for 1 Times
- Phosphorus : Routine Rounds 0500 rounds for 1 Times
- Protein Electrophoresis Panel : Routine Rounds 0500 rounds for 1 Times
- Thyroid Stimulating Hormone : Routine Rounds 0500 rounds for 1 Times
- Parathyroid Hormone Intact : Routine Rounds 0500 rounds for 1 Times

Diagnostic

- MRI Thoracic Spine without Contrast
 - MRI Thoracic Spine without Contrast
 - DI Prep* Fax completed MRI Screening form to ext 1925
 - DI Prep* Call MRI ext 4700 if pt unable to hold still for 40 min
- MRI Lumbar Spine without Contrast
 - MRI Lumbar Spine without Contrast

Date :
(Required)

Time :
(Required)

Physician Signature : _____
(Required)

- DI Prep* Fax completed MRI Screening form to ext 1925
- DI Prep* Call MRI ext 4700 if pt unable to hold still for 40 min

- CT Pelvis without IV Contrast
- Pelvis 1 or 2 Views with Judet views

Service Consults

- IR Consult Pre Procedure
- Osteoporosis Consult Strong Bones Consult, leave VM at x 6268 with patient name and location
- Orthopedic Physician Strong Bones consult for non-hip/non-operative low trauma fractures. Leave VM at x 6350 with pt name and location
- PT, Evaluation and Treat
- OT, Evaluation and Treat
- Care Management, Assessment

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Date: 03/2018

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Date :
(Required)

Time :
(Required)

Physician Signature : _____
(Required)

	<p>NORTHWEST HOSPITAL & MEDICAL CENTER Seattle, Washington</p> <p>Fragility Fractures (Hip/Spine/Pelvis), M-1819 (08/15) Page 2 of 2</p>
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